

**RETURN TO GS REGISTRY**

3 May 1968

MEMORANDUM FOR THE RECORD

**SUBJECT: Resistance Training**

25X1A

1. This is to record some thoughts on the matter of giving Agency employees that which they need to meet the responsibilities assigned to them by Regulation HR [REDACTED].

2. The word used in this memorandum is "resistance." Others might prefer other words, thinking that a person cannot be trained to become interrogation-proof or indoctrination-proof. Others might prefer a different approach to the whole training program feeling that the most that can be done is to equip a man to endure captivity. Even using the "endurance" concept, two or more approaches are possible. One would tell him what to expect and let him work out his own approach. Another would be to add detailed instructions on how and when to use these approaches.

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3. The provisions of HR [REDACTED] with comments and questions applicable to the overall Regulation and particular parts of it follow:

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## HR [REDACTED] Requirements

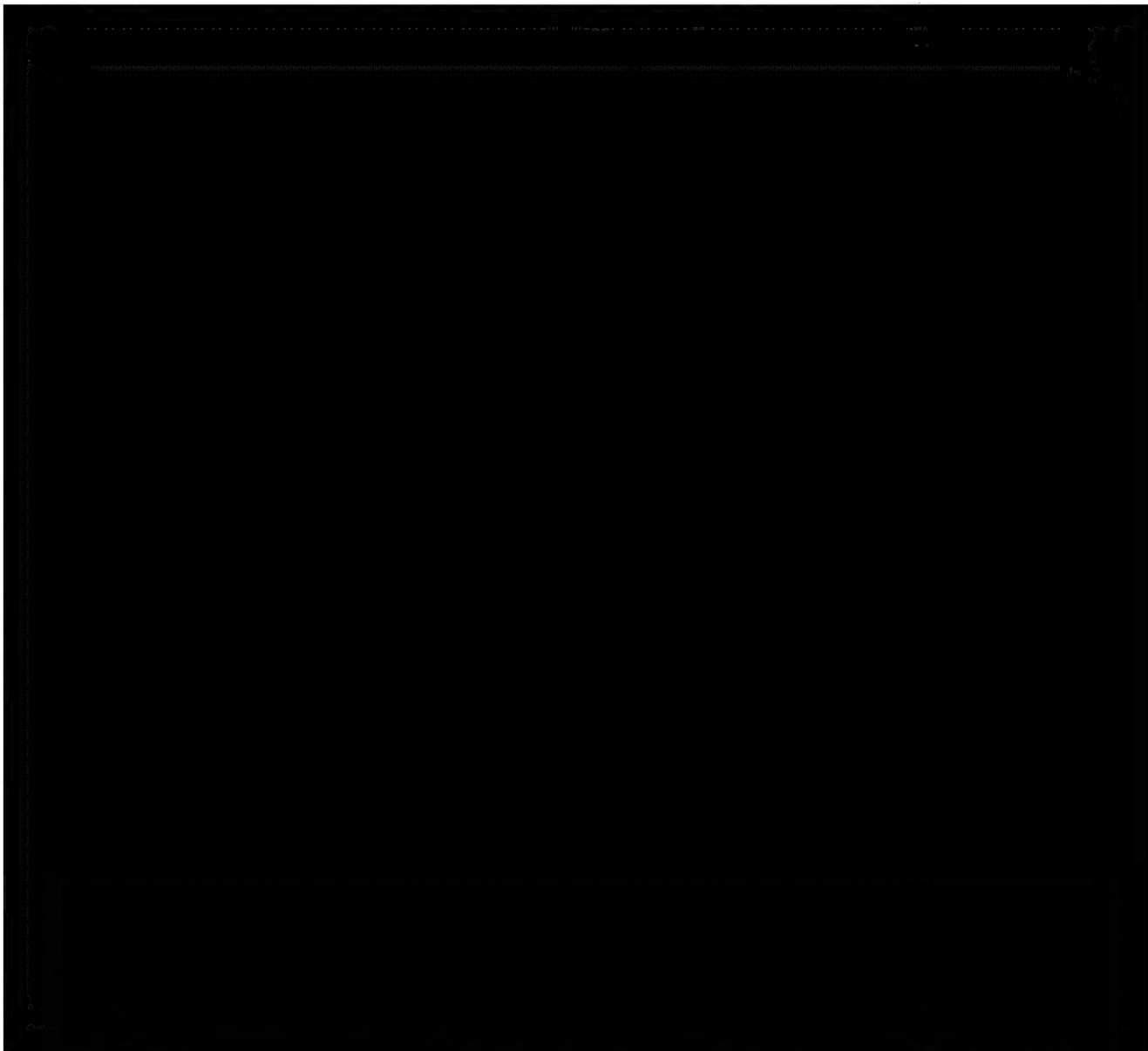
### Comments or Questions

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This image shows a blank, aged, cream-colored page, likely an endpaper or flyleaf of a book. The paper has a slightly textured appearance with some minor discoloration and faint smudges, characteristic of old paper. The left edge of the page shows the binding, with visible stitching or staples. There is no text or other markings on the page.

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4. From the point of training employees in how to meet the responsibilities assigned to them by HR [REDACTED] the training program would have to look at the total problem as consisting of the following:

- a. how to avoid being captured;
- b. how to avoid being singled out for intensive interrogation if captured;

- c. how to avoid revealing classified information if interrogated;
- d. how to avoid brainwashing or indoctrination;
- e. how to endure captivity; and
- f. how to escape and to avoid recapture.

5. If nothing else can be done, it is obvious that the least that can be done on the basis of what is now known is to acquaint the employee with this in order to remove as much as possible what would be normal fear or apprehension of the unknown. It is not out of order for the employee to ask what happens if he succeeds and also what happens if he does not. What does happen if an employee gives a true confession? A false confession? A true confession under duress? What are the penalties?

6. Other persons interested in this process have concluded: everyone tells something and most people tell everything. Whether or not we publish our agreement or lack of agreement with this, it is necessary to at least base our program on our agreement or lack of agreement with it.

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WAO:jtj